



## A PRAYER FOR *Self Love*

Dear God let me find my inner light, let me see with clarity and purpose. Let me feel the beating of my own innocent heart. Let me remember that which I have chosen to forget. Shine a light upon my withdrawn sense of living. Help me, once more, to marvel at the gift that I am, help me live inspired, in awe of all that is. Reawaken in me, my sense of curiosity, my excitement to explore self and other.

I seem to have dulled my senses, I seem to have fallen asleep. I doubt and I question, I hurt and keep choosing to forget. I often invite apathy into my mind, I often invite boredom or disdain. I was hurt, I was in pain and I built an intimidating wall of separation around my heart. I no longer wish to welcome these currents; I no longer wish to partake in my selfish misery. Open my heart once more to the glory of who I can be. Enlighten my soul so I may blossom within your garden.

Dear Angels of Love and Peace, remind my mind that I have never left and that my sense of self has always been with me. That my choices only brought me to find myself even further, that my place within the Divine Plan has been and always will be right here, right now. Show me my utmost grace, grant me my deepest knowing. Show me that my conceived mistakes were nothing but lessons; bringing me closer to my soul's greatest potential. Awaken within me the sense of pride, of satisfaction that I have been growing all along.

Dearest me, my heart of hearts, I am seen and I am love. This, I have never forgotten and have always known. I am me, myself and I. My Divine I Am presence shines and illuminates the path I walk on. My innocence always triumphs and my loving heart always finds its way back home. I am a sovereign being, liberated and free to make my own decisions and follow my own path. My actions, my thoughts and feelings are all in alignment with my highest good. I live in trust and allow with faith. I accept my self for who I am and strive to live fully and find my truest expression.

Dear God, let this prayer be one of awakening, let this moment be mine to celebrate. I pray with love and with conviction. I ask with joy and receive with happiness. Shine your light of song and beauty; play this melody within my dancing soul. Let me know my life in fullness, let me pray and inspire. Bring me back to my heart and awaken my child like soul. I ask for me and for my brothers and sisters, may we all shine in the brilliance of this oneness.

In peace I live, in Love I allow and in light I blossom.

I am.

I am.

I am.